

14.09.2021

**Advice to All Parents - warn and inform**

Dear Parents,

We have been advised that there has been a confirmed case of COVID-19 within the Year 5 class and Pre-School.

We know that you may find this concerning but we are continuing to monitor the situation. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Following the change in guidance on 19 July 2021, the school and pre-school will continue to ensure confirmed cases of COVID-19 do not attend until the end of their self-isolation period but contact tracing within the school setting will no longer continue. To help prevent avoidable spread, we encourage staff and families to continue with the twice weekly LFD testing, to inform us of the result and to follow-up any positive results with a confirmatory PCR test.

**The school remains open and your child should continue to attend as normal if they remain well.**

**What to do if your child develops symptoms of COVID-19**

If your child develops symptoms of COVID-19 at any time, however mild, please isolate as a household and book a test for the person with symptoms (even if they have already taken a test). Symptoms of COVID-19 are:

- A new, continuous cough, and/or
- A temperature, and/or
- A loss of, or change to, sense of taste and/or smell.

You can book a test through <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

If the test is negative, your child can return to school once they are well and have been fever-free (without the support of paracetamol or Calpol) for at least 24 hours.

If the test is positive your household must self-isolate for 10 days from the date symptoms started, **unless exempt (If you are double vaccinated or under 18 you do not need to isolate.)**

Those who are clinically extremely vulnerable should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111. **For most people, coronavirus (COVID-19) will be a mild illness.**

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

#### **Do**

- Wash your hands with soap and water often – do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Keep indoor spaces as well ventilated as possible – let the fresh air in, even if for a short period a day
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

*Maura Furber*

Headteacher

