

# PE Overview 2023-2024

Black – Arena Scheme of Learning

Purple – Arena to teach

KS2 Cricket – Brendan Worth

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>F</b>	Arena – Fundamentals	Arena - Fundamentals	Arena – Gymnastics 1	EYFS – Games 1	Arena – Gymnastics 2	PAFC - Athletics (Individual)
<b>1</b>	Arena – Games 1  Arena – KS1 Fundamentals	Arena – Gymnastics Basic Skills  Wild Tribe	PAFC Basketball  Arena – Games 2	Gymnastics: Travelling with jumping and landing  Arena – Dance (Celebrations)	PAFC Cricket  Arena – Net and Wall	Arena – Dance Animals  Arena – Athletics 1
<b>2</b>	Arena – Games 3  Arena – KS1 Fundamentals	Arena – OAA  Arena – Gymnastics Stretching and curling/ direction and pathways	Arena – Games 4  Arena – Dance (Dinosaurs)	PAFC Tag Rugby  Arena – Dance (Antartica)	Arena – Striking and Fielding  Wild Tribe	PAFC Cricket  Athletics
<b>3</b>	PAFC Multi skills (fundamentals)  Arena – Dance (Machines)	Arena – Netball  Arena – Dance (Shake, Rock and Roll)	PAFC Handball  Wild Tribe	Arena – Gymnastics Flight  Arena – Hockey	Arena – Athletics 3  Cricket	Arena - OAA  Arena – Striking and Fielding
<b>4</b>	Wild Tribe  Arena – Tag Rugby  Bikeability	PAFC Invasion games (teamwork)  Arena – Dance (Rainforests)	Arena – Gymnastics Asymmetry and Symmetry  Arena – Dance (Weather)	Arena – Tennis  Arena – Basketball	Arena – Athletics  Cricket (extra sessions until after SATs)	Arena – Striking and Fielding  Rounders
<b>5</b>	Arena – Dance Communication  Arena- Netball	PAFC Baseball  Arena – Fitness and Circuits	Arena - OAA  Arena – Tag Rugby	PAFC Football Fitness  Dance BBC Street Dance	Arena – Gymnastics Counterbalance  Cricket	Swimming? Wild Tribe Arena – Athletics 5  Rounders
<b>6</b>	PAFC Dodgeball  Arena – Dance WW2  Bikeability	Arena – Gymnastics Partner Sequences  Arena - Basketball	Arena – Hockey  Arena - Wild Tribe	Arena - Netball  Arena – Tennis	Arena – Cricket (taught by class teacher until SATs week) PAFC Football Cricket (after SATs)	Swimming? Cricket Arena – Athletics 6  Residential OAA

Wednesday pm 2 hours

Healthy hearts/healthy minds - Autumn term Y5

Healthy hearts/healthy minds - Spring term Y4

Healthy hearts/healthy minds - Summer term Y3