

PE and School Sport Action Plan

St Stephens Academy School 2023–2024 (Final)

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport
2. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
3. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
4. Increased confidence, knowledge and skills of all staff in teaching PE and sport
5. Broader experience of a range of sports and activities offered to all pupils
6. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2023/2024	Funding allocated –£ 20,067.50
Lead Member of Staff – M Furber	2023/2024	Governor responsible – Gary Jefferies
Total fund allocated – £18,120 C/F £1947.50	Updated – October 2024	

Key achievements to date: 2024 - 2025

- A day of Dance was delivered with one class initially with dance CPD provided for the teacher. This will lead to a celebration of dance for the Andaras MAT with all schools taking part in a celebratory event in the summer term
- A beach activity day delivered to provide the children with an alternative activity engaging them in outdoor learning with physical activity and links to other curriculum areas including science and art.
- Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions.
- Healthy hearts and healthy minds delivered in years 1,2 and 3 ensure children are upskilled in the key principles of healthy active life styles and understand the link between physical activity and mental well being.
- Climate change day and Earth tribe leadership award delivered to years 4 and 5 to improve knowledge and understanding of climate change.
- Maths leaders day delivered to year 5 to improve maths leadership across the school.
- Attended MAT and Launceston College

Areas for further improvement and baseline evidence of need: 2024 - 2025

- To continue to deliver a day of Dance to provide CPD for the teacher to support a whole school celebration of dance.
- A Moorland activity day to be delivered to provide the children with an alternative activity engaging them in outdoor learning with physical activity and links to other curriculum areas including science and art.
- Year 5 children will access First aid on the outdoors.
- All children will extend their knowledge of outdoor learning through regular visits to the woodland skills centre.
- Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions.
- Healthy hearts and healthy mind day to be delivered in year ,2 and Y3, 4 and 5 will have a 12 programme to develop emotional resilience, coping strategies and to ensure children are upskilled in the key principles of healthy active life styles and understand the link between physical activity and mental well being.
- To introduce cosy club which will run throughout the year to support pupils at ks1 and 2 with their emotional well being
- To continue to develop after schools club and lunch sports clubs including cross country, football, tag rugby
- To upskill the PE subject leader through support and training in PE subject leadership, through the delivery of a PE MOT.

<p>competitions to increase the number of children taking part in competitions. This was a minimum of one per half term.</p> <p>Gold Games Mark achieved in 23/24</p>	<ul style="list-style-type: none"> • Positive playgrounds day delivered to improve playtimes across the school. • To attend MAT and Launceston College competitions to increase the number of children taking part in competitions. These will be a minimum of one per half term. • Absolute education to continued to be used as a participation monitoring tool to track participation on after school clubs, lunch time clubs and competitions.
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Key Indicator 2: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical Activity

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To introduce the 30 minute timetable to include all activities which are delivered by playground To introduce a healthy and well -being area in the playground to promote mindfulness and reflection, relaxation.</p> <p>To introduce positive playgrounds to all children across the school to promote the use of games and develop skills of cooperation, working as a team and emotional resilience.</p>	<p>In house</p> <p>£0</p>	<p>Active Timetable successfully introduced with children having access to I</p> <p>Positive playgrounds delivered with every child in the school having knowledge of a game and how to play it. MTAs supporting the games. All children to be engaged in the games.</p>	<p>Sustainability The hall is being used more for active blasts and activity has increased during breakfast club promoting the 30 active minutes.</p> <p>Next steps Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. Luch club to embed these games in the autumn term.</p> <p>Encourage the children to develop their own games and activities to promote positive playgrounds</p>

<p>To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions.</p>	<p>£300</p>	<p>Use of this tool has supported the subject leader in identifying which children are attending clubs and where to give targeted support.</p>	<p>Ensure there is a rotation of activities to continue to engage the children. Review active maths programme</p> <p>This has been a great tool to monitoring attendance of all cohorts and this can be tracked. Children who are not able to attend after school clubs are encouraged to attend nature groups. Vulnerable groups are tracked through this tool. 100% attendance for all year groups.</p> <p>Next steps: Ensure there is a rotation of activities to ensure engagement of children.</p> <p>Next steps To continue to use participation monitoring tool to identify children who are in active and may need interventions.</p>
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Key Indicator 3: The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To continue to deliver active clubs run by a HLTAs</p> <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.</p> <p>Sports champions day to inspire and raise the profile of PE and school sport across the school 28th NOV 2023.</p>	<p>Tas to run 23 clubs across the year - £1500</p> <p>In house costs</p>	<p>Over 50 Clubs delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school.</p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>Sustainability To identify a new member of staff to take on the delivery of this club.</p> <p>Next Steps Continue to find interesting and innovative ways of celebrating sports achievement. Review reward system.</p>

Key Indicator 1 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include gym, dance and other courses.</p> <p>Wild tribe outdoor learning conference 1 member of staff to attend, sustainability and climate change themed conference. March 2024</p> <p>Employment of a specialist teacher to upskill staff in the delivery of PE and school sport with a focus on curriculum gymnastics and dance – 36 weeks and an after school club. The delivery of a MOT in PE to upskill the subject leader in this area.</p> <p>Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle has also included the time to move programme.</p>	<p>Arena membership £575</p> <p>Arena membership</p> <p>£6165.50</p> <p>£2700 (curriculum support)</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online.</p> <p>Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum.</p> <p>Subject leader attended all 4 days of this course.</p> <p>Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support. Subject leader upskilled in the delivery of PE and leading the subject whole school.</p>	<p>Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership in pe and outdoor learning whole school.</p> <p>Sustainability Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.</p> <p>Next steps Dance and gym CPD for all staff will be a focus of the PE specialist support next year.</p> <p>Next Steps Baseline being established for future years on assessment in PE.</p> <p>Sustainability</p>

		<p>Children understand where they are in their learning and what their next steps are.</p> <p>Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p>	<p>Staff upskilled in at least one area of PE during the year.</p> <p>Staff feeling competent and confident to continue to deliver the area of PE they received the support in.</p> <p>Staff upskilled in outdoor learning through the development of earth tribe and the outdoor subject leader programme.</p>
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC)</p>	<p>£1125 – will be delivered autumn term.</p> <p>Spring term cricket – 6 weeks of</p>	<p>Children will be encouraged to take part in the cricket academy and improve their knowledge and skills of cricket</p>	<p>Next Steps</p> <p>Continue to broaden the range of alternative sports delivered.</p> <p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p>

<p>Set up to engaged children who do not engage in team sports through the delivery of a range of engaging after school clubs.</p> <p>Lunch club delivered to increase participation of children in a structured lunch time activity and promote healthy active lifestyles. 36 weeks of the club</p> <p>Chance to shine involved pupils from EYFS, KS1 and KS2.</p>	<p>chance to shine cricket. £972</p> <p>£292.50</p>	<p>Autumm Term data 3 Tors challenge – Argyle lunch club – Argyle KS1 Argyle ks2 - Argyle ks2 – Boxercise – Cheerleading Cosy club and nuture – Cosy club - Cross country- Tag rugbu Tag Rugby</p> <p>Spring Term Netball Argyle ks1 Argyle Ks2 Cricket Cross country Cosy club Netball Taewkwondo Football team</p> <p>Summer term Athletics – Cosy club Girls football – Taekwond0 – Cheerleading Cosy club Tennis</p>	<p>Needs of target groups continue to be addressed.</p> <p>Sustainability To ensure healthy and well being of staff and pupils remains a focus and programmes are implemented to support these.</p> <p>Next steps – To give children in the school the opportunity to access a beach day in the next academic year. Staff to cascade knowledge on workshops for outdoor events</p> <p>Next Steps – to involve more children in dance experiences linking to the arts and music and increasing the number of opportunities to perform in community performances.</p>
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<p>Healthy hearts and healthy minds day to be delivered for pupils in Year 2 to continue to promote emotional well being and physical activity.</p> <p>Joy of moving Plymouth Argyle June 2024 – Year 6 6 week block.</p> <p>To deliver a healthy hearts healthy minds programme to children in Years 3,4 and 5 to ensure children understand the link between physical activity and mental health and well being. Each year group will have access to a 12 week programme.</p> <p>To introduce a cosy club for children in key stages 1 and 2 to ensure all children have access to support with emotional well being. A grant has also been accessed to support in the provision of this club</p>	<p>£3582</p> <p>Costed above</p>	<p>Rounders Tennis Argyle Ks1 Argyle Taekwondo – Tag rugby</p> <p>Over 120 children have attended healthy hearts and healthy minds workshops they are confident in a range of activities and have strategies for coping with a variety of different issues</p> <p>Cosy club has been very popular at key stages 1 and 2 with children feeling relaxed able to express themselves and enjoying variety of activities.</p>	<p>Next Steps To ensure equipment is logged and monitored and is accessible for use to support all areas of the curriculum. To ensure a sustainable transport plan is in place for the woodland skills centre.</p> <p>Next Steps - To look at developing further community links with local sports clubs in the next academic year.</p> <p>To continue to offer a wide range of clubs to all children at Key stages 1 and 2.</p>
<p>Moor Day to be delivered to year 3 and 4 to broaden the range of activities on offer. (Tuesday June 18th 2024)</p>	<p>£346.50</p>	<p>xx children attended the Moor day with one pupil from the ARB, taking part in a range of activities including using natural materials and natural resources. This was an</p>	

<p>Day of dance to upskill staff and pupils in the development of a dance performance. – celebration – decide on year group</p>	<p>£324.00</p>	<p>experiential experience form which all children benefited in their personal development and well - being.</p> <p>All key stage 2 attended the day of dance 115 children were involved in the Day of dance.</p> <p>13 children from St Stephens school were involved in the Cornwall games day of dance.</p>	
<p>Children to attend sessions at the Sustainability and Education skills centre. Teachers and staff to be upskilled in a variety of outdoor skills linked to the national curriculum.</p>	<p>£0</p>	<p>9 sessions to include 30 children per session will have been accessed over the year. Improving knowledge and skills of children in a variety of outdoor learning areas linked to the curriculum.</p>	
<p>Year 6 have attended Camp Kernow which is an off grid sustainable site, which promotes physical literacy and the use if sustainable resources.</p>	<p>†</p>		

Outdoor learning area to be developed to promote health and well being and the development of outdoor skills

Equipment purchased to support the development of outdoor learning.

2 lunchtime clubs have been delivered for KS2 pupils with good participation rates increasing activity at lunch time.

Increase in the number of girls attending a lunch club. attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls. The cosy club was a great success with over 20 children attending on a regular basis.

To investigate the community clubs available to the children at St Stephens.

Key Indicator 5: Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Launceston College competitions package x 6 events</p> <p>Transport to top up swimming events and competitions Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions.</p> <p>To attend the Panathalon challenges to support children with SEND – 4 children attended last year.</p> <p>To apply for school games mark and aim to retain the gold award achieved on 24/25 using the ab ed data to support our application.</p>	<p>Arena membership.</p> <p>Free to Andaras through Arena</p> <p>£1500</p> <p>ARENA membership</p> <p>Arena membership</p>	<p>Competition has taken place this year with a MAT</p> <p>Competition and Andaras MAT data</p> <p>Autumn – 30 children attended rounders competition</p> <p>Year 5/6 Football - 12 attended</p> <p>Spring term cross country Andaras - 32 children entered</p> <p>Football competition - Year 3 and 4 – 1 team of 10</p> <p>Year 5 and 6 competition football</p> <p>KS2 athletics – team of 8 entered</p>	<p>Next Steps</p> <p>To try to increase the increase of the number of children taking part in competition in the next academic year</p> <p>Next Steps</p> <p>To apply for school games mark in the next academic year and ensure all data is completed.</p> <p>Gold School Games Mark awarded in 24/25.</p>

<p>Champions for all visited the school the athlete who attended was a mini trampolinist.</p>		<p>All children on roll 212 were involved in this day. Children participated in circuit training on this day and were inspired by the activities and the presentation delivered by the athlete.</p>	<p>To continue to involve all children at the school in celebrations of sport and talent</p>
<p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>Less able children have access to a qualified swimming teacher to improve the number of children who can swim.</p> <p>Investigate the use of a pop up pool in the summer term to support the delivery of swimming at a reduced cost.</p>	<p>Swimming programme top up - £1000</p>	<p>Swimming has taken place in all year groups this year which has been a great achievement and enabled all children to develop their swimming.</p>	<p>Sustainability Swimming continues to be funded from the core school budget.</p> <p>Next Steps To ensure children in year 5 and 6 have access to swimming opportunities into the next academic year. Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities.</p>
<p>Meeting national curriculum requirements for swimming and water safety</p>			<p>Please complete all of the below:</p>
<p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres?</p>			<p>18%</p>

What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] ?	18%
What percentage of your current year 6 cohort are able to perform safe self-rescue in different water based situations ?	25%
If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide top up sessions for those pupils that did not meet National curriculum requirements after the completion of core lessons. Have you done this ?	Yes
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety ?	Yes

Total funding – £23,276	Total funding spent to date – £21,328.50	Total funding has been allocated – £1,947.50
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