



An Daras Trust
Igniting Curiosity Growing Capabilities

St Stephens Community Academy Fortnightly Family Newsletter



“ Embracing Learning; Inspiring Ambition;”

Thursday 1st April 2021

Mrs. Maura Furber -Headteacher



Dear Parents/Carers,

I cannot believe that we have found ourselves at the end of the spring term -where did those last four weeks go? The staff have been very busy teaching, observing and finding out what the children ‘need’ to support their academic, social and emotional progress now we are back in school full time. The children have been working very hard and I’m sure they’re ready for a relaxing break. It is the time to relish children playing together outside rather than being in front of an electronic device. The impact of this ‘remote’ communication has not always been positive for children nationally -the importance of face to face conversations, physical experiences and social meetings must be recognised and cannot be over looked. How wonderful the sun has decided to shine and we can now cautiously meet with others. Life can take on some sort of ‘normal’ again.

As a school we showed our respect for those who have lost their loved ones or haven’t seen family and friends during the first anniversary of the UK lockdown. On the 23rd March we held a minutes silence at midday to show our support for the first National Day of Reflection. As a school community we know the importance of reflecting, supporting and we are united in the hope for a brighter future.

Team St Stephens have a wonderful Easter and we can’t wait to see you all on Monday 19th April.

Take care and stay safe .

Maura Furber

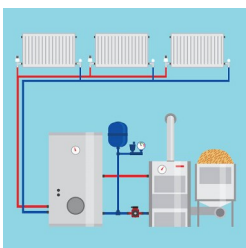
School Improvement

A new heating system for St Stephens



As many of you will have noticed our school car park has an additional cabin, porta loo and fenced area! This is because we are having a new heating system put into our school and this is the storage and work space for the team of contractors. We are delighted that the work has now started as this is something that has been wanted /needed for the past 10 years. Bob , our site manager, has worked his magic on the various boilers in the building for many winters now but even tape, wire and a good kick are not doing the job anymore! We have been able to target this essential work because our grant application to Cornwall Council was successful.

The other reason I would like to bring this to your attention is the impact on staff parking this is having. With the additional cabins etc. we have lost four car parking spaces. We obviously have to consider staff places for the Children Centre on site also. Please may I remind you that the car park is for staff only. There have been several incidents where parents drive in, park and drop off, then staff have arrived and had to go out to find a space



elsewhere. The additional congestion also impacts on pupils that arrive via taxi: the turning spaces and car park is needed for assisted care. Please may I ask that you as parents/carers park outside the school gates going forward. We would really appreciate your help.

Also for your information due to CV19 risk assessments all contractors will be on the school site after normal school hours and during weekends and holidays until the work is completed.





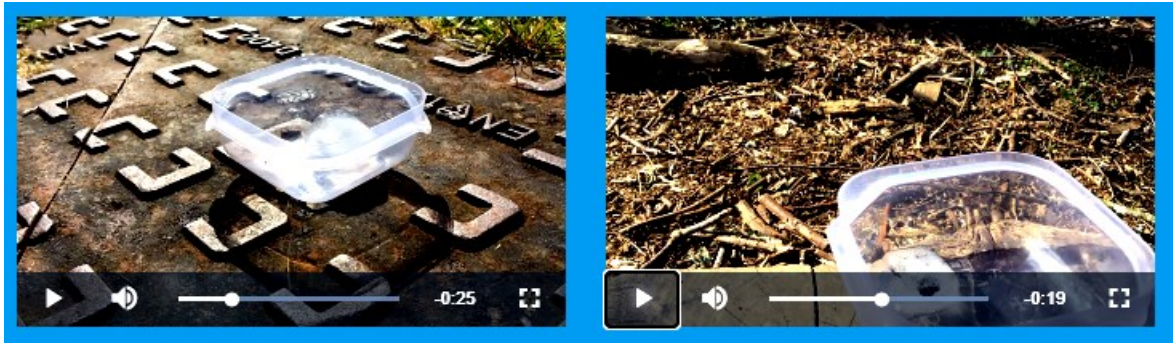
Arena Sugar Smart Workshop

Year 5 were lucky enough to have an all day workshop with Arena on being sugar smart! Looking at how much sugar we should consume and how much sugar is in some food products. Also some incredibly fun games and exercises to demonstrate the sugars as well as ways of replacing some of the higher sugar products.



Save the Penguins!

In our Science lesson this week we used our knowledge of solids and liquids to predict where would be a good place to put our trapped penguins to free them. We selected eight places in our school groups to put our penguins and timed how long the ice took to melt. We used time lapse videos to record our experiments.



Super Scientists in Year 4 save the day- check out the videos on the class blog on the website!

Science in Class 7

Can a paper boat float?

This week in 'My World', we tested different materials to see which would make the best boat.

The paper boat quickly got very soggy and fell apart.

The plasticine sunk to the bottom. Some of us could make it flatter and it stayed up for a bit. The wood floated and could carry some little characters on it like a raft.

The best ones were the plastic tubs, they could float on the water and the small characters could sit inside. We found that to make a good boat, the material has to be waterproof and has to float.



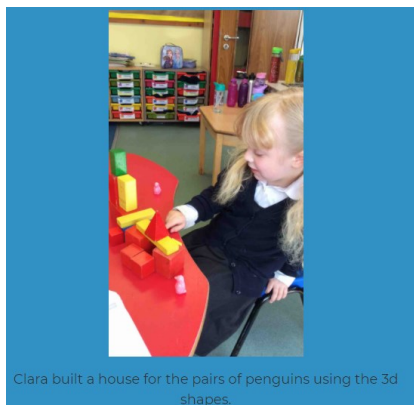
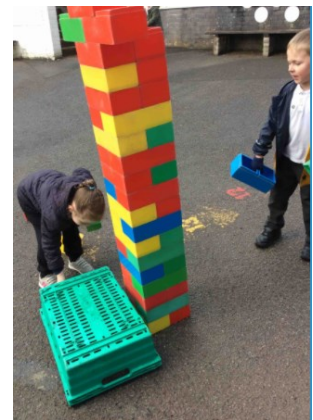
Play Projects in Foundation Class.



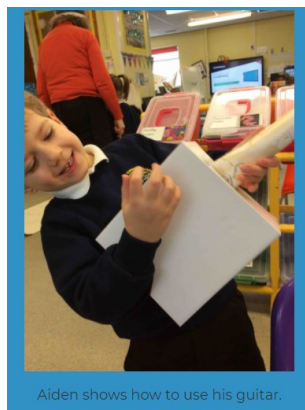
Emily found a flower design in the making book. Mrs Mayer helped her make this fabulous flower.



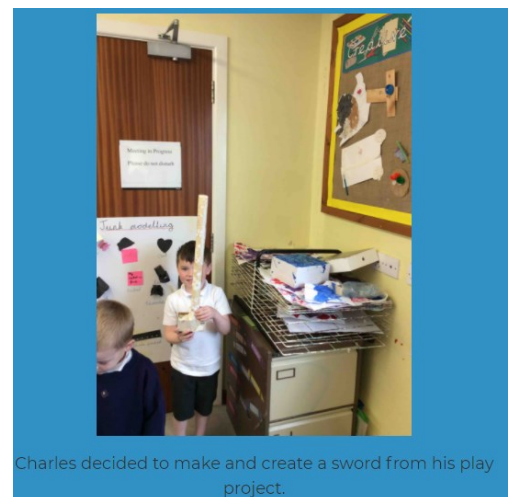
Aiden creating his guitar.



Clara built a house for the pairs of penguins using the 3d shapes.



Aiden shows how to use his guitar.



Charles decided to make and create a sword from his play project.

Wild Tribe Live!!

Following the recent success of our Wild Tribe Spring Nature Explorers sessions check out our [YouTube channel](#). We are delighted to announce that during the Easter holidays we will be delivering 'Wild Tribe Live Sessions' for children in Key Stage 1 and Key Stage 2. You will be able to develop your skills as Nature Explorers through the great outdoors. There will be access to some Easter themed videos with the aim of inspiring you to [#GetOutGeActiveGetCreative](#).

Come and meet Mrs Blackbird, as she continues her journey to discover The Lost Spells

Both adventures are open to all ages and start at 10.30am



Day One Tuesday 6th April
we discover 'Moth'
aimed at KS1 (EYFS to Year 2)

Day Two Thursday 8th April
join us to unearth 'Jay'
aimed at KS2 (Year 3 to Year 6)

[CLICK HERE to register](#)

The Wild Tribe Outdoor learning programme is delivered by Arena Sports Partnership based in East Cornwall part of the WestCountry Schools Trust. Further information about our programmes can be found on our [website](#) or follow us on [Twitter](#) or [Facebook](#)

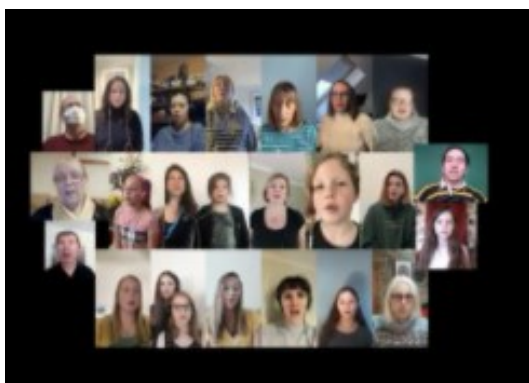


ARENA

[A song for Cornwall](#)

We are so proud that several of our pupils were involved in A Song For Cornwall. A virtual group that was established in response to an inability to meet and share songs. Thank you to our music lead Kari Gilbert for enabling groups of our children to be part of this beautiful project that was released on the National Day of Reflection. Please follow the link to watch the performance.

<https://asongforus.org/commissions/a-song-for-cornwall/>





Pre-Historic Pre-Schoolers!

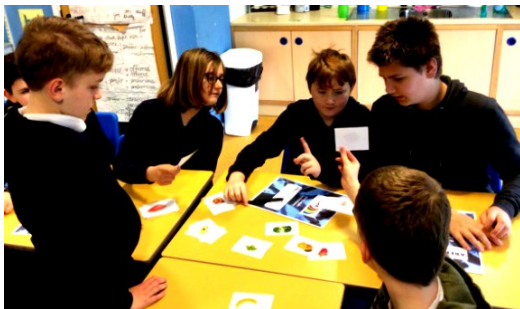
For the past 2 weeks the group has shown a real interest in dinosaurs, this led to us learning about fossils and dinosaurs, the children worked together to create a volcano for our small world area.



Reminder: We are holding an Easter bonnet/ head dress competition that children can work on during the holiday, please send in entries from Monday 19th April, they will be judged by Mrs Furber on Wednesday 21st April with prizes for the most creative entries.

We look forward to seeing your marvellous Easter themed creations.

Healthy Movers Workshop with Arena



Year 6 had a fun, physical and informative scientific day learning about food groups, a healthy diet and the importance of a healthy lifestyle.



www.startnowcornwall.org.uk

HEADSTART
KERNOW

#Get Moving

Being active and getting outdoors can make you feel happier and healthier, make an effort this Easter to get out, enjoy the weather and get moving!

You can visit our website for more wellbeing tips.



Physical Wellbeing

A huge thank you to Cornwall County Council for providing a #Time to Move bag of sports equipment and activity ideas for the children in receipt of the Pupil Premium Funding. We highly value physical exercise at St Stephens and hope this holiday will be filled with lots of opportunities to be active together.

Don't forget to sign up for the clubs that we have on offer next half term. If you've misplaced the letter /reply slip just ring up the main office to let us know your chosen options.

Active April 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 Eat healthy and natural food today and drink lots of water	6 Turn a regular activity into a playful game today	7 Do a body-scan meditation and really notice how your body feels	1 Commit to being more active this month, starting today	2 Listen to your body and be grateful for what it can do	3 Spend as much time as possible outdoors today	4 Have a day free from TV or screens and get moving instead
12 Set yourself an exercise goal or sign up to an activity challenge	13 Move as much as possible, even if you're stuck inside	14 Make sleep a priority and go to bed in good time	8 Get natural light early in the day. Dim the lights in the evening	9 Give your body a boost by laughing or making someone laugh	10 Turn your housework or chores into a fun form of exercise	11 Be active outside. Dig up weeds or plant some seeds
19 Have a 'no screens' night and take time to recharge yourself	20 Spend less time sitting today. Get up and move more often	21 Focus on 'eating a rainbow' of multi-coloured vegetables today	15 Relax your body & mind with yoga, tai chi or meditation	16 Get active by singing today (even if you think you can't sing!)	17 Go exploring around your local area and notice new things	18 Make time to run, swim, dance, cycle or stretch today
26 Try a new online exercise, activity or dance class	27 Take an extra break in your day and walk outside for 15 minutes	28 Find a fun exercise to do while waiting for the kettle to boil	22 Regularly pause to stretch and breathe during the day	23 Enjoy moving to your favourite music. Really go for it	24 Go out and do an errand for a loved one or neighbour	25 Get active in nature. Feed the birds or go wildlife-spotting



ACTION FOR HAPPINESS

Happier · Kinder · Together

APRIL 2021



MON	TUE	WED	THU	FRI	SAT	SUN
★ ★ ★	★ ★ ★	★ ★ ★	01. I am good	02. I am creative	03. I am excited	04. I am special
05. I am happy	06. I am cool	07. I am confident	08. I am friendly	09. I am joyful	10. I am magical	11. I am calm
12. I am fantastic	13. I am brave	14. I am incredible	15. I am kind	16. I am helpful	17. I am super	18. I am serene
19. I am beautiful	20. I am great	21. I am strong	22. I am loved	23. I am caring	24. I am thoughtful	25. I am unique
26. I am intelligent	27. I am beautiful	28. I am fabulous	29. I am amazing	30. I am inventive		

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Our Pro20 Holiday Camps give children aged 5-14 years the opportunity to enjoy football in a safe and fun environment whilst having the opportunity to shine.



Skills and technical based learning with team tactical games held in the morning. Following a quiz packed lunch, the afternoon will include tournament-based football games where teams will have the opportunity to score many points in various ways.

Gifts and Prizes to be won throughout the day in various competitions.

9am-3pm

Please bring the following:

- Appropriate Clothing
- Both Football Boots & Trainers
- Packed Lunch & Water Bottle



Registration starts at 8:45am



**Every Participant receives a PRO20 Sports Bag
& an Easter Gift**

Book Now: www.pro20sports.com

Email: pro20sports@gmail.com

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