

Online Safety for Parents

Jane McFall

Jane.mcfall@devon.gov.uk



Objectives

- Identify the risks social media, games consoles, mobile technologies, unsupervised access of the internet
- Raise awareness of online safety and its impact at home
- Identify resources to use at home



Some Statistics (Ofcom Children and Parents: Media Use and Attitudes Report 2015)

- The amount of time 8-11s and 12-15s spend online has more than doubled since 2005
- 12-15s now spend nearly three and a half hours a week more online than they do watching a TV set
- More children have internet access at home than in 2005
- More are going online in their bedroom
- One in ten 5-15s now only go online using a device other than a desktop or laptop
- Over half of 3-4s and three-quarters of 12-15s use a tablet in 2015 to go online



Some Statistics (<u>www.internetmatters.org</u> Oct 2016)

61% children will go online to watch video clips
83% children use YouTube to access the internet
86% children aged 7-11 use some form of online communication
26% children aged 10-13 use the internet for 3 hours or more a day

NB. Growing up Digital Taskforce Report

http://www.childrenscommissioner.gov.uk/sites/default/files/publications/Growing%20Up%20Digita 1%20Taskforce%20Report%20January%202017_0.pdf



Some Statistics – Cornwall Primary

99% said they can/do access the internet at home

53% indicated they could be unsupervised when accessing the internet (bedroom, anywhere)

48% said they have a mobile phone

76% said their mum/dad discussed internet safety with them

100% Y3 use some form of Social Media BUT 77% do not know how to set up Privacy Settings

- 44% Y4 do not know how to set up Privacy settings
- 57% Y5 do not know how to set up Privacy settings



Where are you when you access the internet?

KS1

KS2





KS2

How do you access the internet?

KS1

- Mobile Phone
- Tablet
- Computer
- Games Console
- TV
- Other



NB. Other includes TV, Cable, BT Box, FreeSat, NowTV, Parent's Phone



Children's Commissioner – January 2017

The 'Growing up Digital Taskforce' published their 'Growing up Digital' report in January 2017.

Extract :

Parents tell us that they are **not confident about how to prepare children for life online**. In a survey conducted for the Children's Commissioner by Mumsnet (website),

- 73% of parents were concerned about their children accessing inappropriate material online
- 49% were worried about their child oversharing personal information
- 61% feared that social media was an overwhelming distraction from other activities
- 54% were afraid of unwanted contact by strangers with their children

https://www.internetmatters.org/

Growing Up Digital

A report of the Growing Up Digital Taskforce

January 2017



Do you recognise any of these?



http://www.net-aware.org.uk



Primary School survey results children accessing Websites/Apps

- Year 3 Netflix, YouTube
- Year 4 Instagram, YouTube, Musical.ly, WhatsApp
- Year 5 Snapchat, YouTube
- Year 6 Musical.ly, YouTube, Twitter, Netflix

Musical.ly = Involves popular music, lots of swearing and sexual content. Parents need to
Netflix = parent controls weak (Commonsense Media)Parents need to
NetflixSnapchat = 16+ Commonsense Media's advice - Use it wisely!Image: Commonsense Media's advice and the NSPCC'sImage: Commonsense Media's advice and the NSPCC'sWhats App = 16+ Review Commonsense Media's advice and the NSPCC'sImage: Commonsense Media's advice and the NSPCC'sImage: Commonsense Media's advice and the NSPCC's

• NB. Roblox.....





YouTube Kids

Apps for 0-5 Years

Gives parents peace of mind and a child a safe online viewing experience

- YouTube launched a child friendly version of their popular video sharing site.
 First introduced in the US, now available in the UK.
- Filters out inappropriate content and hides comments on videos
- It is not possible to login to the platform
- Ads are screened to ensure they are appropriate for children
- Videos are grouped into 4 categories; shows, music, learning, explore
- Age: 4+
- Cost: Free
- Available on Android and IOS

Remember it is still important to talk to your child about what they watch on this app



Concerns

Risks to be considered

- Age?
- Information?
- Chatting
- Where?
- Who?
- Pictures/Images
- Privacy Settings
- Screentime
- Addiction

https://www.commonsensemedia.org



Some facts about Gaming Consoles

Did you know?

- It is possible to access inappropriate websites through Playstation and Xbox consoles?
- Different games consoles are best suited to different ages (Nintendo 3DS and Wii U have more games suitable for younger children)
- Many games feature online multiplayer gameplay (competing against or with other players over the internet)
- Games consoles <u>do have</u> parental controls
- Games consoles require an internet connection to download updates.
 Some remain connected in stand-by mode and download content when not in use (Turn them off when not in use)
- Games consoles connect to online app or games stores which can be used to download games

(www.internetmatters.org)



Have you heard of PEGI classification?



• PEGI – Legal in UK 2012 (<u>http://www.pegi.info/en/index/id/33</u>)



Some of the online games accessed by KS1 and KS2 in primary school survey

- Year 3 Roblox, Slither.io
- Year 4 Roblox, Slither.io, Musical.ly, Rolling Sky
- Year 5 Roblox, Slither.io, Musical.ly, Rolling Sky, Forza Horizon
- Year 6 Agar.io, Black Ops, Call of Duty, Horror Games, Musical.ly, Slither.io, Snapchat, Warfare

Call of Duty Series = Extremely violent, profanity, drugs - For adults only (Commonsense Media)Forza Horizo = Game facilitate open voice communication with strangers (Commonsense Media)Musical Iy = Involves popular music, lots of swearing and sexual content. Parents need to read Commonsense MediaRolling Sky - Challenging and addictive arcade game (Commonsense Media)Roblox = Games can be violent (Commonsense Media)Agar.io, Slither.io = Arcade -style game played online. Racy usernames (Commonsense Media)Talking Tom = Asks for a birth year. Players under 13 restricted from connecting to social media sites via this app

• NB. Children may consider Apps as 'online games'





Concerns

- Behaviour?
- Inappropriate or Appropriate?
- Cyberbullying?
- Trolling?
- Addiction?
- Screentime?



On demand viewing

What has happened to the 9 o'clock watershed?

- Behaviour?
- Inappropriate or Appropriate?
- Addiction?
- Screen time?
- Unsupervised?

Netflix, BBC iPlayer etc..



What do these symbols mean?



Universal - Open to all



Parental Guidance - Open to all A PG film should not disturb a child aged around eight or older but parents are advised to consider whether the content may upset younger or more sensitive children



No-one younger than 12 may see a 12A film in a cinema unless accompanied by an adult



No-one younger than 15 may see a 15 film in a cinema



No-one younger than 18 may see an 18 film in a cinema



ESAFE

- Educate yourself
- Start having conversations
- Ask your child to show you what they do online
- Find out how to set parental controls and agree boundaries
- Encourage your child to tell you if anything online unsettles them

www.internetmatters.org www.nspcc.org.uk



Test your knowledge

- <u>http://www.safekids.com/quiz/</u>
- <u>http://www.safesurfingkids.com/quiz/safe_internet_kids_quiz.htm</u>
- <u>http://www.funtrivia.com/playquiz/quiz2528451cf2e20.html</u>
- <u>https://www.esafety.gov.au/kids-quiz/</u>
- <u>https://home.mcafee.com/SafetyQuiz/QuizKids.aspx?culture=en-US&ctst=1</u>
- <u>https://kycss.org/pdfs-docs/clearpdf/isafe/internetquiz.pdf</u> (parent?)
- <u>http://www.bbc.co.uk/bitesize/ks3/ict/history_impact_ict/esafety/activity/</u> (parent?)
- <u>https://www.getsafeonline.org/quiz/</u>
- <u>http://www.safesurfingkids.com/lesson_plans_grades_3_12.htm</u>
- <u>http://www.safesurfingkids.com/chat_room_emoticons.htm</u>
- <u>https://esafety.gov.au/education-resources/classroom-resources/games-and-quizzes</u>
- <u>https://www.esafety.gov.au/comic-book-capers/</u> (family)



Resources

Thinkuknow

https://www.thinkuknow.co.uk/

NSPCC and O₂ (0808 8005002)

https://www.nspcc.org.uk/fighting-for-childhood/aboutus/partners/nspcc-o2-online-safety-partnership/

UK Safer Internet Centre (UKSIC)

http://www.saferinternet.org.uk/

Commonsense Media

https://www.commonsensemedia.org/

Getsafeonline

https://www.getsafeonline.org/

Parentzone

https://parentzone.org.uk/parent-info