



An Daras Trust  
Igniting Curiosity Growing Capabilities

# St Stephens Community Academy Fortnightly Family Newsletter



“ Embracing Learning; Inspiring Ambition; ”

Friday 5th March 2021

Mrs. Maura Furber -Headteacher



Dear Parents/Carers,

I am writing this newsletter with the wonderful thought of ALL the children returning to school on Monday 8th March in my head. It is certainly the day we have all been waiting for at St. Stephens. A school needs to be filled with children and the joy they bring to each day. It is now time for our pupils to return to school, see their friends and teachers and get back into a 'normal' routine. We are delighted and all risk assessments are in place ready.

By now the class teachers will have sent your child/ren a letter via email to remind them of things such as their PE /Wild Tribe days (Please come into school in the appropriate clothes on those days to avoid changing although its always handy to have a spare pair of joggers and socks in their bag!) reading books and to remind them where to come in and get picked up. Don't forget to let us know which clubs your child will be attending -they start next week. As mentioned in my previous letter our entrances and exits are very narrow so we really appreciate your help with social distancing. I am hoping that if the weather stays fine we can also open the gate leading onto the school field as another exit point to help alleviate the one way traffic system. Fingers crossed for sunshine. We will be there to direct you as necessary.

So have a wonderfully relaxing weekend and I will be there to welcome you all back on Monday.

*Maura Furber*

## School Improvement

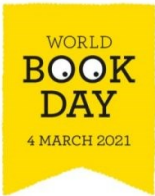
Over the past few months I have met remotely with our Trust Improvement Officer, Neil Swaite every week. Together we have discussed the Academy Recovery schedule and key priorities moving forward. Over the next few weeks the teachers will be assessing what your child has learnt, information they have retained and what the next steps/targets for them will be. This will shape our daily teaching and learning provision and highlight what additional support the teachers and pupils will need. The main focus is our children and what will be the **best provision to support the 'whole child'** back into full time school. I read a very apt poem on social media last week and I have slightly altered the wording to make it personal to St Stephens.

This totally sums up what drives us as a team and leads all our school improvement.

**We won't tell you you're behind  
We won't tell you you'll be held back forever.  
We won't tell you, you need longer at school  
We won't tell you you're lost.**

**We WILL tell you, you can do it  
We WILL tell you ,we'll help you.  
We WILL tell you we believe in you  
We WILL tell you that we'll DO IT TOGETHER !**





## World Book Day-Thursday 4th March

We have taken part in six brilliant LIVE digital author events over three days to celebrate World Book Day, and to encourage children to love reading and books.

Check out more info on our website and Twitter page. We hope you enjoyed these as much via the links we sent to you at home. There is also a folder on J2E full of stories and poems read by different members of staff at St Stephens for the children to dip into and listen to throughout the day and weeks ahead



St Stephens @ADMAT\_SSCA · 1h

Today yr 5&6 had an online 'Meet the Author' session with poet KWAME ALEXANDER. He is an award winning American poet and author who was very funny and extremely inspirational. They enjoyed listening to him and his stories of how he came to be the writer he is today @ChildrensBkShow



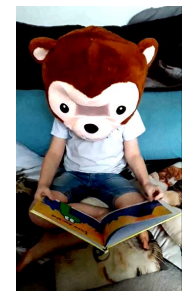
St Stephens @ADMAT\_SSCA · 1h

Yr 3&4 took part in a digital interactive performance with one of the finest children's poets and authors, the fifth Children's Laureate, and a passionate advocate of children's reading, Michael Rosen. He had the children (and adults) completely mesmerised @ChildrensBkShow



We also asked the children to take part in St Stephens 'The Masked Reader'.

On Thursday we asked them to record and upload a short video of themselves reading a book/poem with their face covered, preferably with a mask of some sort. We will then show these in our classes on the first week back for the rest of the children to guess.



A huge thank you to our English Lead, Mrs Hooper, for co-ordinating the events.

## The ferocious Jabberwock

### Introduction

Have you ever heard of the ferocious creature the Jabberwock? If you haven't you need to read this report full of all the terrifying facts about the blood curdling creature you will ever encounter.

### Appearance:

The terrifying Jabberwock stands an amazing 12 ft tall, the strong body covered in dark scales. It has an extremely long tail capable of crushing its prey. Its eyes can be seen from long distance like flames they are bright red and orange.

The Jabberwock has razor sharp pointy teeth capable of ripping the flesh from its prey, with claws like daggers that can pierce through any object in its way.

### Habitat:

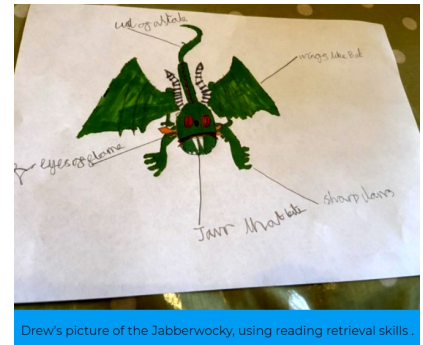
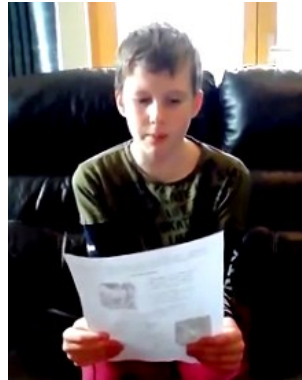
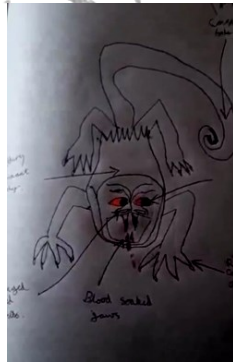
Deep in the creepiest darkest forest is where you will find a terrifying path only lit by the moonlight shining off the bones from the ferocious Jabberwock's prey, the dark winding path leads to the towering trees above the lair of the Jabberwock. Covered in slimy green moss and rotten leaves a scary dark cave hidden deep in the cave a bed made of teeth and bones.

### Diet:

The malicious Jabberwock is a carnivore so it would eat any kind of meat that come in its sight, he will tear the meat of the bones using its razor sharp teeth and, drinks the dark red blood that drips from its claws and grinds some of the bones.

### How to Defeat:

To kill the ferocious Jabberwock you will need the Vorpal blade, the only know object that can slay the ferocious beast.



Drew's picture of the Jabberwocky, using reading retrieval skills.



## Poetry in Action

Year 6 have really enjoyed learning, acting out, illustrating and writing reports on the ...JABBERWOCKY.

## Our Physical Wellbeing in Class 7

In our PE session in the hall we learn to balance, climb, slide, swing and jump. We do this each week and there is always something different or a new challenge. This week we had to climb across the ladder. It was tricky at first but we soon learnt the best way to get across.

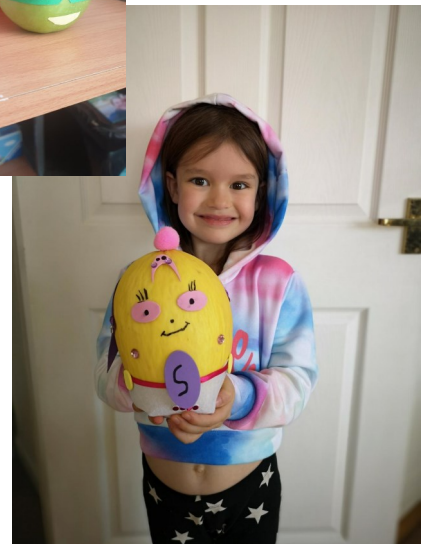


## English Reading ,Writing and Spelling in Year 2

What a busy couple of weeks they have had in Year 2 . Last week they were learning how to spell the common exception words most, both and only by making them physically. They have used Lego, beads, action figures, clothing and even spaghetti! This skill is now being transferred into their writing.



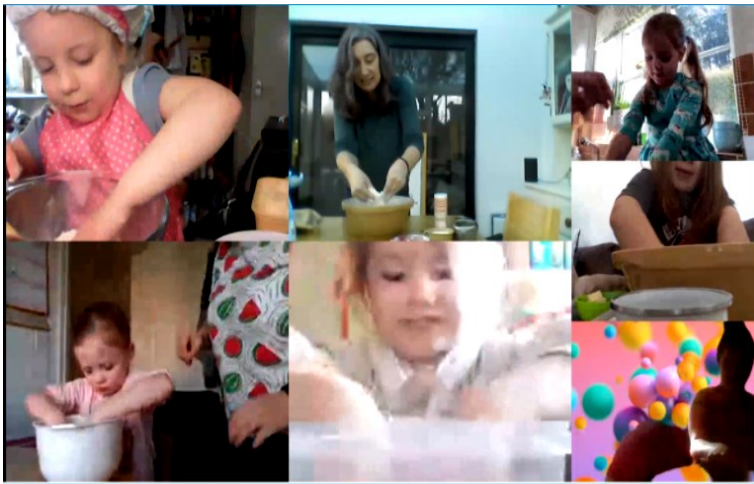
Linking to World Book Day ,this week Year 2 have been exploring books written by Sue Hendra. Whilst looking at 'Supertato' they were challenged to create their own Superveggie or Superfruit. They have been super creative!



### Ready Steady Bake in Foundation

In our live Teams meeting last week we made scones together. We all had our own bowl and ingredients. We carefully followed instruction in the recipe. The result... they were delicious!

We used flour like the Little Red Hen used to make bread.



### Y3 and Y4 Star Baker Challenge... Pancakes!

This term in R.E we are looking at the big question 'Why do Christians call the day Jesus died Good Friday?' This week we looked at clues Christians find in the Old Testament as to who God was going to send to rescue his people. We thought about what kind of rescuer we would expect to see and who rescues us when we need help. We then looked at how the Bible described God's rescuer and what would happen to him. We have linked all this learning with DT and created our own pancake faces to show how someone would feel if they were rescued. We have had some fabulous entries which you can see above.

I wonder who you think should win this week's Star Baker award?



# St Piran Story

C	L	I	F	F	L	A	G	E	R	W	I	N	E
T	N	A	M	Y	L	O	H	L	E	G	E	N	D
B	R	E	A	D	A	N	D	W	A	T	E	R	R
P	A	T	R	O	N	S	A	I	N	T	O	A	S
D	E	T	A	O	L	F	M	I	R	A	C	L	E
E	F	S	S	N	N	A	I	T	S	I	R	H	C
T	G	A	M	I	L	L	S	T	O	N	E	W	R
E	R	I	G	A	I	C	O	R	N	W	A	L	L
T	A	L	H	T	R	O	P	N	A	R	R	E	P
I	N	E	T	G	O	D	S	I	L	V	E	R	F
N	I	D	A	I	E	T	I	H	W	A	B	R	N
Y	T	S	A	O	C	R	O	S	S	O	N	O	P
A	E	T	A	I	R	E	L	A	N	D	R	C	E
R	S	W	C	N	A	R	I	P	T	S	L	K	S

ROCK  
FLOATED  
SILVER  
FLAG  
WHITE  
IRELAND  
ST. PIRAN  
PERRANPORTH  
CLIFF  
PATRON SAINT  
TIN  
BREAD AND WATER  
CROSS  
CHRISTIAN  
HOLY MAN  
CORNWALL  
GRANITE  
MILLSTONE  
COAST  
MIRACLE  
SAILED  
WINE  
GOD  
LEGEND

We celebrated St Piran's day in school by eating traditional Cornish pasties and finding out a little bit about his life. Saint Piran's Day, or the Feast of Saint Piran, is the national day of Cornwall, held on 5th March every year. The day is named after one of the patron saints of Cornwall, Saint Piran, who is also the patron saint of tin miners.

We normally take our school steel band and join the other local schools for a procession, songs and dancing in Launceston. Fingers crossed we'll be back next year!



Play this puzzle online at : <https://thewordsearch.com/puzzle/2055420/>



## ACTION CALENDAR: MINDFUL MARCH 2021



### MONDAY

1 Set an intention to live with awareness and kindness

### TUESDAY

2 Notice five things that are beautiful in the world outside

### WEDNESDAY

3 Start today by appreciating your body and that you're alive

### THURSDAY

4 Notice how you speak to yourself. Try to use kind words

### FRIDAY

5 Take three calm breaths at regular intervals during your day

### SATURDAY

6 Bring to mind people you care about and send love to them

### SUNDAY

7 Have a 'no plans' day and notice how that feels

8 Eat mindfully. Appreciate the taste, texture & smell of your food

9 Take a full breath in and out before you reply to others

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to just watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that need doing

15 Stop, breathe and just notice. Repeat regularly during the day

16 Get really absorbed with an interesting or creative activity

17 Look around and spot 3 things you find unusual or pleasant

18 If you find yourself rushing, make an effort to slow down

19 Cultivate a feeling of loving-kindness towards others today

20 Celebrate the International Day of Happiness [dovofhappiness.net](http://dovofhappiness.net)

21 Listen to a piece of music without doing anything else

22 Walk a different route today and see what you notice

23 Tune in to your feelings, without judging or trying to change

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Notice when you're tired and take a break as soon as possible

27 Have a device-free day and enjoy the space it offers

28 Appreciate nature around you, wherever you are

29 Notice what is working today and be thankful that this is so

30 Mentally scan down your body and notice what it is feeling

31 Notice the joy to be found in the simple things of life

"Mindfulness means that we commit fully in each moment to be present" - Jon Kabat-Zinn



ACTION FOR HAPPINESS



[www.actionforhappiness.org](http://www.actionforhappiness.org)

Learn more about this month's theme at [www.actionforhappiness.org/mindful-march](http://www.actionforhappiness.org/mindful-march)

Happier · Kinder · Together