

POTTY/ TOILET PROMPT CARDS



The use of visual aids can be a helpful way to cue children to go to the toilet or potty. Visual aids are useful for children who have communication difficulties or are still learning to communicate. Cues may include:

- Objects of reference
- Photographs
- Symbols
- Signs and gestures

Objects of reference

These are objects that represent something else, such as a place or activity. An object of reference for the toilet could be toilet roll or a miniature toy toilet for example. Objects of reference are used alongside spoken language, so while saying 'time for the toilet', you would hold up your object of reference so the individual has a visual cue to help them understand your words.

Photographs

Some children may find coloured photographs of things and places from their environment much easier to understand than symbols (as these can be more abstract). You can use a photograph of the child's own bathroom as a visual cue for going to the toilet or potty.

Symbols

Symbols like those below can be used as visual cues for going to the toilet in a range of different environments e.g. out and about or at home. Like objects of reference and photographs, they are presented for the child to see alongside spoken language to help them understand what is being said.

Signs and gestures

Using signs and gestures alongside spoken language is another useful way to support children's understanding and provide a non-verbal cue. There are several signs available e.g. from British Sign Language (BSL), Makaton or Signalong. It does not matter which sign is used, as long as all adults who live or work with the child use the same ones consistently.













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ACKNOWLEDGEMENTS

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