

PE and School Sport Action Plan

St Stephens Academy School 2023–2024 (DRAFT)

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport
2. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
3. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
4. Increased confidence, knowledge and skills of all staff in teaching PE and sport
5. Broader experience of a range of sports and activities offered to all pupils
6. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

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| The total funding for the academic year | 2023/2024 | Funding allocated –£ 23,276 |
| Lead Member of Staff – Kerrie Andrews | 2023/2024 | Governor responsible – Gary Jefferies |
| Total fund allocated – £18,070 + C/F £5,206 = £23,276 | Updated – DEC 2023 | |

Key achievements to date: 2022- 2023

- A day of Dance was delivered with one class initially with dance CPD provided for the teacher. This will lead to a celebration of dance for the Andaras MAT with all schools taking part in a celebratory event in the summer term
- A beach activity day delivered to provide the children with an alternative activity engaging them in outdoor learning with physical activity and links to other curriculum areas including science and art.
- Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions.
- Healthy hearts and healthy minds delivered in years 1,2 and 3 ensure children are upskilled in the key principles of healthy active life styles and understand the link between physical activity and mental well being.
- Climate change day and Earth tribe leadership award delivered to years 4 and 5 to improve knowledge and understanding of climate change.
- Maths leaders day delivered to year 5 to improve maths leadership across the school.
- Attended MAT and Launceston College

Areas for further improvement and baseline evidence of need: 2023 - 2024

- To continue to deliver a day of Dance to provide CPD for the teacher to support a whole school celebration of dance.
- A Moorland activity day to be delivered to provide the children with an alternative activity engaging them in outdoor learning with physical activity and links to other curriculum areas including science and art.
- Year 5 children will access First aid on the outdoors.
- All children will extend their knowledge of outdoor learning through regular visits to the woodland skills centre.
- Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions.
- Healthy hearts and healthy mind day to be delivered in year ,2 and Y3, 4 and 5 will have a 12 programme to develop emotional resilience, coping strategies and to ensure children are upskilled in the key principles of healthy active life styles and understand the link between physical activity and mental well being.
- To introduce cosy club which will run throughout the year to support pupils at ks1 and 2 with their emotional well being
- To continue to develop after schools club and lunch sports clubs including cross country, football, tag rugby
- To upskill the PE subject leader through support and training in PE subject leadership, through the delivery of a PE MOT.

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| <p>competitions to increase the number of children taking part in competitions. This was a minimum of one per half term.</p> <p>Gold Games Mark achieved in 22/23</p> | <ul style="list-style-type: none"> • Positive playgrounds day delivered to improve playtimes across the school. • To attend MAT and Launceston College competitions to increase the number of children taking part in competitions. These will be a minimum of one per half term. • Absolute education to continued to be used as a participation monitoring tool to track participation on after school clubs, lunch time clubs and competitions. |
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Key Indicator 2: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical Activity

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>To introduce the 30 minute timetable to include all activities which are delivered by playground To introduce a healthy and well-being area in the playground to promote mindfulness and reflection, relaxation.</p> <p>To introduce positive playgrounds to all children across the school to promote the use of games and develop skills of cooperation, working as a team and emotional resilience.</p> | <p>In house</p> <p>£225</p> | <p>Active Timetable successfully introduced with children having access to I</p> <p>Positive playgrounds delivered with every child in the school having knowledge of a game and how to play it. MTAs supporting the games.</p> | <p>Sustainability The hall is being used more for active blasts and activity has increased during breakfast club promoting the 30 active minutes.</p> <p>Next steps Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.</p> <p>Encourage the children to develop their own games and activities to promote positive playgrounds</p> |

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| <p>To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions.</p> | <p>£270</p> | <p>Use of this tool has supported the subject leader in identifying which children are attending clubs and where to give targeted support.</p> | <p>Ensure there is a rotation of activities to continue to engage the children. Review active maths programme</p> <p>Next steps: Ensure there is a rotation of activities to ensure engagement of children.</p> <p>Next steps To continue to use participation monitoring tool to identify children who are in active and may need interventions.</p> |
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Key Indicator 3: The profile of PE and sport being raised across the school as a tool for whole school improvement

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>To continue to deliver active clubs run by a HLTAs</p> | <p>TA to run a club - £1700</p> | <p>Club delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school.</p> | <p>Sustainability To identify a new member of staff to take on the delivery of this club.</p> <p>Next Steps Continue to find interesting and innovative ways of celebrating sports achievement.</p> |

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| <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.</p> <p>Sports champions day to inspire and raise the profile of PE and school sport across the school 28th NOV 2023.</p> | <p>In house costs</p> | <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p> | <p>Review reward system.</p> |
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Key Indicator 1 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>CPD training for staff to include gym, dance and other courses.</p> <p>Wild tribe outdoor learning conference 1 member of staff to attend, sustainability and climate change themed conference. March 2024</p> <p>Employment of a specialist teacher to upskill staff in the delivery of PE and school sport with a focus on</p> | <p>Arena membership £550</p> <p>Arena membership</p> <p>£5832</p> | <p>Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online.</p> <p>Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum.</p> <p>Subject leader attended all 4 days of this course.</p> <p>Specialist teachers used as role models to target pupil</p> | <p>Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership in pe and outdoor learning whole school.</p> <p>Sustainability Staff to deliver inset training to cascade key elements to whole school.</p> |

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| <p>curriculum gymnastics and dance – 36 weeks and an after school club. The delivery of a MOT in PE to upskill the subject leader in this area.</p> <p>Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle</p> | <p>£315</p> <p>£2700 (curriculum support)</p> | <p>groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support. Subject leader upskilled in the delivery of PE and leading the subject whole school.</p> <p>Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p> | <p>Opportunities created for PE knowledge to be shared whole school.</p> <p>Next steps Dance and gym CPD for all staff will be a focus of the PE specialist support next year.</p> <p>Next Steps Baseline being established for future years on assessment in PE.</p> <p>Sustainability Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in. Staff upskilled in outdoor learning through the development of earth tribe and the outdoor subject leader programme.</p> |
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC)</p> <p>Set up to engaged children who do not engage in team sports through the delivery of a range of engaging after school clubs.</p> <p>Lunch club delivered to increase participation of children in a structured lunch time activity and promote healthy active lifestyles. 36 weeks of the club</p> | <p>£1125 – will be delivered autumn term.</p> <p>Costed above</p> <p>£972</p> | <p>Children will be encouraged to take part in the cricket academy and improve their knowledge and skills of cricket</p> <p>KS1 x Football club argyle-</p> <p>KS2 x Football club argyle</p> <p>KS1 - 3 x clubs multi skills 12 autumn 1 Arena</p> <p>KS2 – clubs cross country</p> <p>Spring term – tag rugby KS2 -</p> <p>Spring term 2 – netball KS2 –</p> <p>Cosy club – years 2 and 3</p> <p>Cross country lunch club –</p> <p>Cross country lunch club students</p> <p>Athletics –</p> | <p>Next Steps</p> <p>Continue to broaden the range of alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed.</p> <p>Sustainability</p> <p>To ensure healthy and well being of staff and pupils remains a focus and programmes are implemented to support these.</p> <p>Next steps – To give children in the school the opportunity to access a beach day in the next academic year. Staff to cascade knowledge on workshops for outdoor events</p> |

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| <p>Healthy hearts and healthy minds day to be delivered for pupils in Year 2 to continue to promote emotional well being and physical activity.</p> | <p>£292.50</p> | <p>Kwik cricket –</p> | <p>Next Steps – to involve more children in dance experiences linking to the arts and music and increasing the number of opportunities to perform in community performances.</p> |
| <p>Joy of moving Plymouth Argyle June 2024 – Year 6 6 week block.</p> | <p>£3582</p> | <p>Over xxx children to have attended healthy hearts and healthy minds workshops they are confident in a range of activities and have strategies for coping with a variety of different issues</p> | |
| <p>To deliver a healthy hearts healthy minds programme to children in Years 3,4 and 5 to ensure children understand the link between physical activity and mental health and well being. Each year group will have access to a 12 week programme.</p> | <p>Costed above</p> | | |
| <p>To introduce a cosy club for children in key stages 1 and 2 to ensure all children have access to support with emotional well being. A grant has also been accessed to support in the provision of this club</p> | <p>£315</p> | | <p>Next Steps To ensure equipment is logged and monitored and is accessible for use to support all areas of the curriculum. To ensure a sustainable transport plan is in place for the woodland skills centre.</p> |

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| <p>Moor Day to be delivered to year 3 and 4 to broaden the range of activities on offer. (Tuesday June 18th 2024)</p> | | <p>Xxx children attended the beach day with one pupil from the ARB, taking part in a range of activities including using natural materials and natural resources. This was an experiential experience form which all children benefited in their personal development and well - being.</p> | <p>Next Steps - To look at developing further community links with local sports clubs in the next academic year.</p> |
| <p>Day of dance to upskill staff and pupils in the development of a dance performance. – celebration – decide on year group</p> | <p>£337.50</p> | <p>30 children in year 4 and 1 child from ARB attended 2 days of day of dance with their teacher to be upskilled in dance and performed in a community celebration of dance at Launceston Castle.</p> | |
| <p>Children to attend sessions at the new woodland skills centre. Teachers and staff to be upskilled in a variety of outdoor skills linked to the national curriculum.</p> | <p>£0</p> | <p>9 sessions to include 30 children per session will have been accessed over the year. Improving knowledge and skills of children in a</p> | |

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| | | <p>variety of outdoor learning areas linked to the curriculum.</p> <p>Equipment purchased to support the development of outdoor learning.</p> <p>2 lunchtime clubs have been delivered for KS2 pupils with good participation rates increasing activity at lunch time.</p> <p>Increase in the number of girls attending a lunch club. attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls. The cosy club was a great success with over 20 children attending on a regular basis.</p> <p>To investigate the community clubs available to the children at St Stephens.</p> | |
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Key Indicator 5: Increased participation in competitive sport

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Launceston College competitions package x 6 events</p> <p>Transport to top up swimming events and competitions Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions. Transport for top u</p> <p>To attend the Panathalon challenges to support children with SEND – 4 children attended last year.</p> | <p>Arena membership.</p> <p>Free to Andaras through Arena</p> <p>£1500</p> <p>ARENA membership</p> <p>Arena membership</p> | <p>Competition has taken place this year with a MAT</p> <p>Competition and Andaras MAT data</p> <p>Autumn – 30 children attended rounders competition</p> <p>Year 5/6 Football - 12 attended</p> <p>Spring term cross country Andaras - 32 children entered</p> <p>Football competition - Year 3 and 4 – 1 team of 10</p> <p>Year 5 and 6 competition football</p> <p>KS2 athletics – team of 8 entered</p> | <p>Next Steps</p> <p>To try to increase the increase of the number of children taking part in competition in the next academic year</p> <p>Next Steps</p> <p>To apply for school games mark in the next academic year and ensure all data is completed.</p> |

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| <p>To apply for school games mark and aim to retain the gold award achieved on 22/23 using the ab ed data to support our application.</p> | | | |
| <p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>Less able children have access to a qualified swimming teacher to improve the number of children who can swim.</p> <p>Investigate the use of a pop up pool in the summer term to support the delivery of swimming at a reduced cost.</p> | <p>Swimming programme funded by school budget.</p> | <p>Swimming has taken place for year 6.</p> | <p>Sustainability Swimming continues to be funded from the core school budget.</p> <p>Next Steps To ensure children in year 5 and 6 have access to swimming opportunities int the next academic year. Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities.</p> |
| <p>Meeting national curriculum requirements for swimming and water safety</p> | | | <p>Please complete all of the below:</p> |
| <p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres?</p> | | | |
| <p>What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke ?</p> | | | |

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| <p>What percentage of your current year 6 cohort are able to perform safe self -rescue in different water based situations ?</p> | | |
| <p>If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide top up sessions for those pupils that did not meet National curriculum requirements after the completion of core lessons. Have you done this ?</p> | <p>Yes/NO</p> | |
| <p>Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety ?</p> | <p>Yes/NO</p> | |
| <p>Total funding – £23,276</p> | <p>Total funding spent to date – 20031</p> | <p>Total funding to be allocated – £3425</p> |