



PE and School Sport Action Plan

St Stephens School 2021–2022

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2021/2022	Funding allocated - £18,070 Plus C/F of £1805 – £19,875
Lead Member of Staff – Millie Kempton	2021/2022	Governor responsible – Sue Tiemey
Total fund allocated – £19,875	Updated – September 2021	

Key achievements to date: 2020 - 2021	Areas for further improvement and baseline evidence of need: 2020 - 2021
<ul style="list-style-type: none"> Promotion of the 30 active minutes through the use of daily blasts and an active 30 timetable. Updated music system in the hall so breakfast club can be active and to improve the quality of dance in PE lessons and after school. Healthy movers and the sugar smart leaders introduced to promote healthy active lifestyles and promote the link between exercise and healthy eating. Absolute Education implemented as a participation monitoring tool to track pupils' attendance at after school clubs, lunch time clubs and competition. Wild tribe first aid programme introduced as an innovative way of developing these important life skills for children. Subject leaders' course in PE completed to upskill the newly appointed PE subject leader. 2 members of staff in key stage 2 to attended wild tribe practitioners award to increase the delivery of outdoor learning at KS2 and to support the implementation of the National Curriculum outdoors. Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of PE across the school. Dance day and a beach day delivered to ensure children at the school can access a wide range of different activities delivered by specialists. Cricket academy and support received from Plymouth Argyle in the delivery of football within curriculum time and after school 	<ul style="list-style-type: none">

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> To continue with Imoves blasts as a daily physical activity to form part of the menu for 30 active minutes for children. To introduce the 30 minute timetable to 	£265.50	<ul style="list-style-type: none"> Due to Covid and bubble restrictions this has been difficult but many teachers have 	<p>Sustainability</p> <p>The hall is being used more for active blasts and activity has increased during breakfast</p>

<p>include all activities which are delivered by playground leaders, as a result of the 30:30 report.</p> <ul style="list-style-type: none"> • To introduce a healthy and well-being area within the playground to promote mindfulness and reflection, relaxation. • Continue to use Imoves as a tool to raising standards across the curriculum and engaging children in active learning. • To deliver a refresher on the Imoves programme to increase the number of children active classrooms. • Playground leaders' day KS2 – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops. • To introduce the wild tribe skills achievement award • Healthy movers to upskill children in understanding how nutrition, healthy eating and physical activity can improve their health and well-being – Years 3 and 5. • To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions. 	<p>Arena</p> <p>£160</p> <p>£120</p> <p>£585</p> <p>£270</p>	<p>continued with active blasts within their classrooms.</p> <ul style="list-style-type: none"> • Active Timetable successfully introduced with children having access to Imoves every afternoon. 50% increase in the number of children taking part in active classrooms. • Children understand the principles of sugar smart and understand how to live a healthy active lifestyle. • Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles • 60 children attended this programme and their knowledge and understanding of the effects of exercise on the body and healthy eating has improved as a result of attending the training. 	<p>club promoting the 30 active minutes.</p> <p>Next steps Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. Encourage the children to develop their own sugar smart blasts. Ensure there is a rotation of activities to continue to engage the children. Review active maths programme and extend to active literacy.</p> <p>Next steps: Ensure there is a rotation of activities to ensure engagement of children.</p> <p>Sustainability Review Imoves programme and cascade training to all new staff.</p> <p>Next steps Investigate a health and well-being week for the children. Investigate gaining healthy schools accreditation.</p> <p>Sustainability</p>
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			<p>Staff trainee to deliver at least one healthy active workshop.</p> <p>Next steps</p> <p>To continue to use participation monitoring tool to identify children who are in active and may need interventions.</p>
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> To continue to deliver Zumba club and netball run by a HLTA Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term. To continue to deliver wild tribe first aid 3 x one day courses for Year 2, 4 and 6 to increase children's knowledge and understanding of outdoor learning and the use of first aid to improve life skills. 	<p>£210</p> <p>In house costs</p> <p>£877.50 – spring 2/summer 2</p>	<ul style="list-style-type: none"> Club delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school. • Data of club HLTA- to support Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils. Over 90 children received training in this first aid programme with improved knowledge and understanding in this important life skill. 	<p>Sustainability</p> <p>TA within school runs the club and can cascade to other members of staff.</p> <p>Next Steps</p> <p>Continue to find interesting and innovative ways of celebrating sports achievement.</p> <p>Review reward system.</p> <p>Next steps – to continue this training with the children as vital life skill and to ensure staff are being upskilled in this new area of the curriculum.</p>

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> • CPD training for staff to include gym, dance and other courses. • PE/Wild Tribe conference – Spring 2022 • Wild tribe outdoor learning conference March 2022 • 4 days of supply cover for subject leader to attend wild tribe subject leader AWARD • Employment of a specialist coaches to upskill staff in the delivery of PE and school sport with a focus on curriculum gymnastics. • The delivery of a Deep dive in PE to upskill the subject leader in this area. • Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle 	<p>Arena membership £550</p> <p>Arena membership</p> <p>Arena membership</p> <p>7 days of supply £700 £495 (Course)</p> <p>£5022</p> <p>£315</p> <p>£2700 (curriculum support)</p>	<ul style="list-style-type: none"> • Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online. • Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum. • Subject leader has attended all 4 days of this course and has been upskilled in leading PE across the whole school. • Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs • Five teaching staff upskilled as a result of specialist support. • Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school. 	<p>Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership whole school.</p> <p>Sustainability Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.</p> <p>Next steps Dance and gym CPD for all staff will be a focus of the PE specialist support next year.</p> <p>Next Steps Baseline being established for future years on assessment in PE.</p> <p>Sustainability Staff upskilled in at least one area of PE during the year.</p>

			<p>Staff feeling competent and confident to continue to deliver the area of PE they received the support in.</p> <p>Next steps Subject leadership in outdoor learning to take place for at least one member of staff in 2021 – 2022 to start to implement a plan for outdoor learning whole school now teachers are trained in both key stages.</p>
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> • Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls' lunchtime club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC) • To continue to develop wild tribe outdoor learning and upskill staff through the purchase of the NC series of 5 books. • Set up to engage children who do not engage in team sport. • Purchase of new equipment for wild tribe and PE – includes post protectors 	<p>£1125 – will be delivered autumn term.</p> <p>£0</p> <p>Costed above</p>	<ul style="list-style-type: none"> • Absolute Education baseline data 12% increase in pupils attending after school clubs term on term (Autumn and Summer term 2020 – 2021 - update) • 18% of Girls attending consistently. • 15% increase in the number of girls attending clubs. • 26% increase in the number of boys attending after school clubs. • 10% increase in the number PPG 	<p>Next Steps Continue to broaden the range of alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed.</p> <p>Sustainability Year 5 girls to lead wake up</p>

<ul style="list-style-type: none"> Beach day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July) Day of dance to upskill staff and pupils in the development of a dance performance. Lunch clubs to be introduced in spring 2 and summer. – Girls football To introduce a girls' football club-the FA girls Barclays scheme to increase the number of girls active at lunch times. To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club. 	<p>£1380</p> <p>£337.50</p> <p>£315 Arena membership</p>	<p>children attending clubs (Absolute education data).</p> <ul style="list-style-type: none"> Data x country club/football club 60 children attended the beach day taking part in a range of activities including beach art, beach science and beach sports. Many children had either not been to the beach or not for a long time. This was an experiential experience form which all children benefited in their personal development and well- being. Increase in the number of girls attending a club. Aim for 25% attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls. 	<p>shake up morning sessions for peers.</p> <p>Year 5 girls to cascade knowledge down to year 3 and 4 pupils.</p> <p>Next steps – To give other children in the school the opportunity to access a beach day in the next academic year.</p> <p>Staff to cascade knowledge on workshops for future beach events.</p> <p>To continue to develop links with local community clubs.</p>
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• **Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<ul style="list-style-type: none"> To compete in the MAT competitions to ensure children to access high quality competitions. Transport to top up swimming events and competitions Kwik cricket comp Investigate entry into open level 2 competitions. 	<p>Arena membership.</p> <p>£750</p>	<ul style="list-style-type: none"> Competition has been difficult this year due to Covid and the bubble restrictions in place, most competitions have been virtual challenges. Competition data – MAT competitions. 	<p>Next Steps</p> <p>To try to increase the increase of the number of children taking part in competition in the next academic year</p> <p>Next Steps</p>

<ul style="list-style-type: none"> • Introduce Arena monthly challenge to look at intra competitions. • To attend the 'sports ability' festival at Launceston College to ensure all pupils have access to competitions. • To apply for school games mark and aim to achieve- Bronze/Silver award using the absolute education data to support our application. 	ARENA membership	<ul style="list-style-type: none"> • Autumn – • Summer – • Cornwall Virtual games - 	To apply for school games mark in the next academic year.
<ul style="list-style-type: none"> • Top up swimming programme to support an increase in the number of Year 6 who can swim 25m. • Less able children have access to a qualified swimming teacher to improve the number of children who can swim. 	£0 Free incentive from Launceston leisure centre.	<ul style="list-style-type: none"> • Swimming has not taken place this year due to Covid. 	<p>Sustainability Swimming continues to be funded from the core school budget.</p> <p>Next Steps To ensure children in year 6 have access to swimming opportunities int the next academic year. Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities.</p>

Meeting national curriculum requirements for swimming and water safety

Please complete all of the below:

What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?

What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	

Total funding – £19,875	Total funding spent to date 16177.5	Total funding to be allocated £2,823
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