**PE and School Sport Action Plan**

**St Stephens School 2022–2023 – DRAFT**

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding -** Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

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| **The total funding for the academic year** | **2022/2023** | **Funding allocated –£ 20,768** |
| **Lead Member of Staff – Millie Kempton** | **2022/2023** | **Governor responsible – – Sue Tiemey** |
| **Total fund allocated – £18,070 + C/F £2698 = £20,768** |  **Updated – Sept 2022** |

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| **Key achievements to date: 2021- 2022** | **Areas for further improvement and baseline evidence of need: 2022 - 2023** |
| * Promotion of the 30 active minutes through the use of daily blasts and an active 30 timetable.
* Updated music system in the hall so breakfast club can be active and to improve the quality of dance in PE lessons and after school.
* Healthy movers and the sugarsmart leaders introduced to promote healthy active lifestyles and promote the link between exercise and healthy eating.
* Absolute Education implemented as a participation monitoring tool to track pupils attendance at after school clubs, lunch time clubs and competition.
* Wild tribe first aid programme introduced as an innovative way of developing these important life skills for children.
* Subject leaders course in PE completed to upskill the newly appointed PE subject leader.
* 2 members of staff in key stage 2 to attended wild tribe practitioners award to increase the delivery of outdoor learning at KS2 and to support the implementation of the National Curriculum outdoors.
* Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of PE across the school.
* Dance day and a beach day delivered to ensure children at the school can access a wide range of different activities delivered by specialists.
* Cricket academy and support received from Plymouth Argyle in the delivery of football within curriculum time and after school.
 | * Subject leader to attend Wild tribe subject leader training in wild tribe to develop skills in leading outdoor learning across the whole school.
* A day of Dance to be delivered with one class initially with dance CPD provided for the teacher. This will lead to a celebration of dance for the Andaras MAT with all schools taking part in a celebratory event in the summer term
* A beach activity day to be delivered to provide the children with an alternative activity engaging them in outdoor learning with physical activity and links to other curriculum areas including science and art.
* Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions
* Healthy hearts and healthy minds to be delivered in years 3, 4 and 5 to ensure children are upskilled in the key principles of healthy active life styles and understand the link between physical activity and mental well being.
* To attend MAT and Launceston College competitions to increase the number of children taking part in competitions. These will be a minimum of one per half term.
* Absolute education to continued to be used as a participation monitoring tool to track participation on after school clubs, lunch time clubs and competitions.
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| **Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school** |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report. To introduce a healthy and well -being area with in the playground to promote mindfulness and reflection, relaxation. To introduce the maths leaders programme to ensure children are active at breaktimes and lunch times with a link to the maths curriculum to develop maths skills through physical activity. To introduce the wild tribe skills achievement award through after school club provision to raise the profile of outdoor learning across the school To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions. | In house£292.50 Ongoing - spring 2£270 | Active Timetable successfully introduced with children having access to I Maths leaders trained and are able to deliver activities and games to increase physical activity and improve maths knowledge for their peers. The wild tribe skills achievement award will be implemented during spring 2. To promote parental engagement through outdoor learning activities. Use of this tool has supported the subject leader in identifying which children are attending clubs and where to give targeted support.  | **Sustainability**The hall is being used more for active blasts and activity has increased during breakfast club promoting the 30 active minutes. **Next steps**Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.Encourage the children to develop their own games and activities to promote the maths leaders programme. Ensure there is a rotation of activities to continue to engage the children.Review active maths programme **Next steps:**Ensure there is a rotation of activities to ensure engagement of children. **Next steps**To continue to use participation monitoring tool to identify children who are in active and may need interventions. |
| **Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement** |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| To continue to deliver Zumba club and netball run by a HLTADevelopment of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term. | TA to run a club - £210In house costs  | .Club delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school. Data of clubCelebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils. | **Sustainability** To identify a new member of staff to take on the delivery of this club. **Next Steps**Continue to find interesting and innovative ways of celebrating sports achievement.Review reward system. |
| **Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport** |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| CPD training for staff to include gym, dance and other courses.Wild tribe outdoor learning conference March 20234 days supply cover for subject leader to attend wild tribe subject leader AWARDEmployment of a specialist coaches to upskill staff in the delivery of PE and school sport with a focus on curriculum gymnastics.The delivery of a MOT in PE to upskill the subject leader in this area.Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle | Arena membership£550 Arena membershipArena membership 4 days supply £600£5022£315£2700(curriculum support) | Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online.Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum. Subject leader attended all 4 days of this course.Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support.Subject leader upskilled in the delivery of PE and leading the subject whole school.Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school. | **Next Steps**Build into future inset training whole school training in PE and school sport.Continue to support the development of subject leadership in pe and outdoor learning whole school.**Sustainability** Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.**Next steps**Dance and gym CPD for all staff will be a focus of the PE specialist support next year.**Next Steps**Baseline being established for future years on assessment in PE. **Sustainability** Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in.Staff upskilled in outdoor learning through the development of earth tribe and the outdoor subject leader prorgamme. |
| **Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils** |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC) Set up to engaged children who do not engage in team sports through the delivery of a range of engaging after school clubs. To deliver a healthy hearts healthy minds programme to KS1 and Years 3,4 and 5 to ensure children understand the link between physical activity and mental health and well being.Beach day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July)Day of dance to upskill staff and pupils in the development of a dance performance. - celebrationLunch clubs to be introduced in summer 1 and 2And cricket lunch time club To look at community club links with local clubs in the area.Transport to woodland skills centre To purchase equipment for wild tribe development and to support the development of earth tribe. | £1125 – will be delivered autumn term.Costed above2 x KS1- £5853 x KS2 days -£877.50£337.50£315£2000£1000 | Children will be encouraged to take part in the cricket academy and improve their knowledge and skills of cricket Over 150 children to have attended healthy hearts and healthy minds workshops they are confident in a range of activities and have strategies for coping with a variety of different issues60 children to attend the beach day taking part in a range of activities including using natural materials and natural resources. This was an experiential experience form which all children benefited in their personal development and well being.30 children to attend a day of dance with their teacher to be upskilled in dance and how to perform in a community celebration of dance. Equipment purchased to support the development of outdoor learning. 9 sessions to include 30 children per session will have been accessed over the year. Improving knowledge and skills of children in a variety of outdoor learning areas linked to the curriculum.Xxxx lunchtime clubs have been delivered for KS2 pupils with good participation rates increasing activity at lunch time. Increase in the number of girls attending a lunch club. XXX attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls. To investigate the community clubs available to the children at St Stephens.  | **Next Steps**Continue to broaden the range of alternative sports delivered.Wider range of opportunities will continue to be offered to engage disengaged pupils.Needs of target groups continue to be addressed.**Sustainability** To ensure healthy and well being of staff and pupils remains a focus and programmes are implemented to support these.**Next steps** – To give children in the school the opportunity to access a beach day in the next academic year.Staff to cascade knowledge on workshops for outdoor events**Next Steps** – to involve more children in dance experiences linking to the arts and music and increasing the number of opportunities to perform in community performances. **Next Steps**To ensure equipment is logged and monitored and is accessible for use to support all areas of the curriculum. To ensure a sustainable transport plan is in place for the woodland skills centre. **Next Steps -** To look at developing further community links with local sports clubs in the next academic year. |
| **Key Indicator 5 : Increased participation in competitive sport** |
| **Intended Actions with impact on children** | **Funding allocated** | **Evidence and impact** | **Sustainability and next steps** |
| To compete in the MAT competitions to ensure children to access high quality competitions.Launceston College competitions package x 6 eventsTransport to top up swimming events and competitionsKwik cricket compInvestigate entry into open level 2 competitions.Introduce Arena monthly challenge to look at intra competitions.Transport for top uTo attend the Panathalon challenges to support children with SENDTo apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application. | Arena membership.£125£750ARENA membershipArena membership | Competition has taken place this year with a MAT competition in cross country KS2 and a KS1 and KS2 commonwealth GamesX country data –KS1 Games – 8 childrenKS2 Games - ??**Competition and Andaras MAT data** Autumn –Summer – Cornwall games -  | **Next Steps**To try to increase the increase of the number of children taking part in competition in the next academic year**Next Steps**To apply for school games mark in the next academic year and ensure all data is completed.  |
| Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.Less able children have access to a qualified swimming teacher to improve the number of children who can swim. | £1500 transport for top up swimming programme.Free incentive from Launceston leisure centre. | Swimming has taken place update | **Sustainability** Swimming continues to be funded from the core school budget. **Next Steps**To ensure children in year 5 and 6 have access to swimming opportunities int the next academic year.Target of 60% of Year 6’s to be able to swim 25 metres.70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities. |

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| **Meeting national curriculum requirements for swimming and water safety** | **Please complete all of the below:** |
| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year? |  |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year? |  |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity **over and above** the national curriculum requirements. Have you used it in this way? |  |

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| **Total funding – £20,768** | **Total funding spent to date £18,274.5** | **Total funding to be allocated £2,494** |