

Further support or information

If you are having trouble with your child's homework routines and would like any further support then please ask and we can put you in touch with our Family Support Advisor

Useful Websites include:

www.bbc.co.uk/schools/parents

www.kidshealth.org



This leaflet has been put together by the Pastoral Team at St Stephens Community Academy

We can provide support and assistance with a number of issues including:

- Support with your child's behaviour
- Links to other professionals who may be able to support your family
- Links between home and school
- Support with financial or housing issues.
- A listening ear and support at the times when family life gets tough

If you would like to arrange to meet with a Family Support Advisor, please ask for more details



Top tips for helping with your child's homework





Homework Matters!

- **Know the teachers - and what they're looking for.** Attend school events, such as parent-teacher conferences, to meet your child's teachers. Ask about their homework policies and how you should be involved.



- **Set up a homework-friendly area.** Make sure your child has a well-lit place to complete homework. Keep supplies - paper, pencils, glue, scissors - within reach.



- **Schedule a regular study time.** Some children work best in the afternoon, following a snack and play period; others may prefer to wait until after dinner.



- **Help them make a plan.** On heavy homework nights or when there's an especially hefty project to tackle, encourage your child to break up the work into manageable chunks. Create a work schedule for the night if necessary — and take time for a 15-minute break every hour, if possible.



- **Keep distractions to a minimum.** This means no TV, loud music, or phone calls.



- **Make sure children do their own work.** They won't learn if they don't think for themselves and make their own mistakes. Parents can make suggestions and help with directions. But it's a child's job to do the learning.



- **Be a motivator and monitor.** Ask about projects, quizzes, and tests. Give lots of encouragement, check completed homework, and make yourself available for questions and concerns.



- **Set a good example.** Do your children ever see you diligently working or reading a book? Children are more likely to follow their parents' examples than their advice.



- **Praise their work and efforts.** Put a sticker chart or artwork on the fridge, door. Mention academic achievements to your relatives and offer treats for trying their best e.g. after SAT's.



- **If there are continuing problems with homework, get help.** Talk about it with your child's teacher. Some children have trouble seeing the board and may need glasses; others might need an support for a learning problem or attention disorder.

