



St Stephens Community Academy

“Embracing Learning; Inspiring Ambition; Celebrating Individuality.”

Learning overview Theme: Community and Inheritance

Year - 1 SPRING TERM 2025

Community and Inheritance

Our learning themes this term are 'Why does it matter where my food comes from?', 'How do our favourite toys and games compare with those of children in the 1960s?' and 'Growing Plants'

Reflectiveness, Resourcefulness, Resilience, Reciprocity

We will be further developing our understanding of these learning skills in order to become more efficient, independent and proactive learners. A particular focus will be on our class capability that the children decided, as a class, was their weakest area, 'Relationships and Leadership'.

PSED	We will be using Picture News to discuss current events as well as what is happening in the news locally, globally and internationally and SCARF to promote children's wellbeing and positive behaviour.
How to help	<ul style="list-style-type: none"> • Talk about different feelings and emotions. • Discuss events.
English	<p>Reading will be woven throughout all areas of the curriculum, alongside dedicated reading lessons. Children will enjoy independent reading time each week, as well as shared class reading to foster a love of books. This term, we'll continue building phonics skills and reading fluency.</p> <p>Writing</p> <p>The focus for this term will be continuing to develop writing sentences from memory: rehearse, write, re-read, edit, checking for accurate use of capital letters and full stops. Alongside this, the children will be including adjectives, conjunctions and time adverbials within their writing.</p>
How to help	<ul style="list-style-type: none"> • Reading with your child daily. • Practising the Year 1 common exception words. • Practising letter formation and writing sentences from memory.
Maths	Our maths learning will begin with exploring place value to 20, followed by addition and subtraction within 20. Later in the term, we will focus on recognising and understanding 2D and 3D shapes.
How to help	<ul style="list-style-type: none"> • Practise number formation. • Practise ordering numbers within 20. • Explore counting forwards and backwards within 10 from any number.
Science	As part of our theme 'Why does it matter where my food comes from?', we will be learning about plants. Children will observe how seeds and bulbs grow into mature plants, and explore what plants need—water, light, and the right temperature—to grow well and stay healthy.
How to help	Talk with your child about the types of foods you eat at home. Can they identify the different food groups? Take a look at food labels together and discuss the ingredients, including sugar content. When you're out and about, encourage your child to notice the plants around them and the habitats they grow in.
Physical Development	This term, we'll be developing key fundamental skills that support gameplay. In the second half of the term, Plymouth Argyle will be leading our games lessons through tag rugby. In dance, children will explore how to use movement to express ideas, moods, and feelings. They'll learn to create and perform short routines, experiment with



	different actions and dynamics, and reflect on how movement affects their bodies. They'll also begin to describe how dance makes them feel and recognise the mood within performances.
How to help	<ul style="list-style-type: none"> • Encourage physical activities. • Discuss the importance of keeping active and healthy.
Creative Arts/DT	In art, we will focus on developing our painting skills while exploring colour and texture. Children will learn to evaluate their own work and reflect on their progress. We'll also be looking at and discussing the work of a variety of artists to inspire our creativity and understanding of different styles.
How to help	<ul style="list-style-type: none"> • Create observational paintings of things around you. • What can you see from your window? • How can you adjust colours to make them darker or lighter?
Humanities	<p>In Geography:</p> <ul style="list-style-type: none"> • We will learn about farms, focusing on what happens on a dairy farm and how milk is used to make dairy products. • We'll explore how the weather in Cornwall and Devon compares to the rest of the UK. • We'll also discuss trade, including the meaning of importing and exporting. • We will look at the most popular fruits consumed in the UK and discover where they are produced around the world. <p>In History:</p> <ul style="list-style-type: none"> • We will compare our favourite toys and games with those of children in the 1960s. • Study the types of toys children played with in the 1960s and how they differ from those we use today. • Explore how the materials and technology used in toys have changed over time. • Investigate popular games from the 1960s and compare them with modern games. • Discuss how children's playtime and activities have evolved over the decades
How to help	<ul style="list-style-type: none"> • Reading through the learning organisers that are sent home at the start of each theme.
<p>Notes for Parents:</p> <p>PE and Wild Tribe Kits: Please ensure that PE and Wild Tribe kits are in school every day. They will be sent home at half term, or earlier if the children get particularly muddy or wet!</p> <p>Reading Books: Please make sure your child brings their school reading book to school every day. These are checked and are needed for reading sessions in school Children will select a library book on a Thursday to share with you over the weekend.</p>	